Online VIPP-SD Training Course
Start: 6 January 2027

Estelle Struis, certified VIPP-SD Trainer at Lorenz Positive Parenting, is offering an international online training course in the use of the Video-feedback Intervention to promote Positive Parenting and Sensitive Discipline (VIPP-SD). The training course begins with a 7-day online VIPP-SD Basic Training in a group, followed by individual VIPP-SD Practice Training under supervision.
If you would like to apply for the VIPP-SD Training Course, after carefully reading all the information below, please go to lorenzpositiveparenting.com where you will find the registration form as well as the Terms & Conditions, Sending & Delivery, Cancellation & Refund policies. If you have any further questions please email Estelle directly at estelle@lorenzpositiveparenting.com.

Dates

VIPP-SD Basic Training (7 days): **6, 7, 8, 14, 15, 20, 21 January 2027**
Training days are from 17:00 till 22:00 (UTC+1), with two 30-minute coffee/tea/meal breaks.
We offer each international VIPP-SD Basic Training at different times, trying to accommodate participants from different time zones, please check your own UTC to see if these times are convenient for you.

VIPP-SD Training Supervision (6 meetings):
You will have to schedule **6 individual online supervision meetings,** between every home visit (HV), preferably between **February and September 2027.** These meetings should be scheduled using the booking system: https://scheduler.zoom.us/lorenz-positive-parenting/vipp-sd-training-supervision. Please note that the training supervision should start within 6 months after the basic training.

VIPP-SD Assessment (1 meeting):
The individual online assessment meeting will be planned after HV7.

Costs

The cost of the VIPP-SD Training Course is **EUR 2.000,-** (VAT exempt, local duties and taxes are at your own expense). This will include:

- the VIPP-SD Manual (including shipping) & other relevant literature and (training) materials
- 7 online meetings in the VIPP-SD Basic Training
- 6 online individual VIPP-SD Training Supervision sessions in the VIPP-SD Practice Training
- the online individual VIPP-SD Assessment meeting
- certification and registration at VIPP-SD International

VIPP-SD Basic Training

The training course will start with the 7-day online VIPP-SD Basic Training. The goal of the basic training is to introduce the participants to the elements of the VIPP-SD Method, thereby increasing their knowledge and understanding of its practical use and its effectiveness. You will be taught how to apply the VIPP-SD through guided practice by means of illustrations and exercises. Comprehensive feedback will follow each exercise, led by a certified VIPP-SD Trainer.

VIPP-SD Practice Training

Following the basic training, you will start your VIPP-SD Practice Training under supervision. You will have to identify your own VIPP-SD Practice Case with whom you will practice delivering the intervention, during 7 home visits (HV). In preparation of every HV, you will receive individual VIPP-SD Training Supervision with the trainer, or a certified VIPP-SD Supervisor appointed by the trainer. The whole practice training takes about 3-6 months. Please note that the practice training should start within 6 months after the basic training and be concluded within a year.

VIPP-SD Practice Case

For the practice case, you will need to identify a suitable family as soon as possible before or during the basic training. This could be an acquaintance, a friend (of a friend) for example, with a child between the ages of 1 and 4 years. You will work with one parent/caregiver and one child. Preferably, the family should not be a service user, because you are still learning, and you need to be able to make mistakes. Occasionally, a service user could be allowed as a practice case, please ask for approval first. You will visit the family during 7 home visits. During HV1 you will get acquainted with the parent/caregiver and child and make recordings; this should take no more than 1 hour. The following home visits (HV 2-7) will be intervention sessions in which you will make new recordings and provide feedback on the previous recordings. Therefore, HV 2-7 will take approximately 1,5 -2 hours each. The first four home visits may be scheduled about 2-3 weeks apart, and the last two (booster) sessions could be scheduled 4-6 weeks apart.

VIPP-SD Training Supervision

You will have to schedule 6 individual online supervision meetings, between every home visit (HV), where you will review the recordings and your prepared script with a VIPP-SD Supervisor. You will send in your logbook and scripts (NOT the recordings) two days before the meeting.

VIPP-SD Assessment

The VIPP-SD Training Course will be completed with an individual VIPP-SD Assessment meeting, discussing your competencies, including a self-reflective report and feedback on a self-recorded video of you delivering the intervention during HV6 or 7.

Attendance and certification

The participants are expected to attend all sessions of the VIPP-SD Training Course. After completion of the VIPP-SD Basic Training, the VIPP-SD Practice Training and the VIPP-SD Assessment, participants shown to have proficient knowledge and understanding of the method, will be certified and ready to practice.
The aim of the course is for participants to:

- Understand the theoretical basis of VIPP and its relation to attachment theory.
- Have familiarized themselves with the principles of VIPP-SD.
- Have had experience of implementing the intervention under supervision of a certified VIPP-SD Supervisor.
- Have a clear idea of how to further develop their VIPP-SD skills.

Certified VIPP-SD Interveners will be registered by VIPP-SD International.

Indication of training hours (total 114 hours)

VIPP-SD Training Course	Indication of training hours	Hours	Total
VIPP-SD Basic Training			48
Pre-training videos	3 videos x approx. 20 min.	1	
Required reading	VIPP-SD Manual and literature	12	
Online meetings	7 x 5 hours = 35 hours of attendance *(7 x 4 hours = 28 hours of teaching)*	35	
VIPP-SD Practice Training			63
VIPP-SD Practice Case (home visits) *(travel time not included)*	HV 1: 1 hour (recording only)	1	
	HV 2-7: 6 x 2 hours	12	
Preparation for HV 2-7 (scripts)	HV 2 & 3: 2 x 8 hours	16	
	HV 4: 10 hours	10	
	HV 5, 6 & 7: 3 x 6 hours	18	
VIPP-SD Training Supervision	6 x 1 hour (per participant)	6	
VIPP-SD Assessment			3
Preparation	Self-reflection, competency scale & video	2	
VIPP-SD Assessment meeting	1 hour	1	
		Total 114 hours	

Equipment

Working with VIPP-SD means working with video as a professional. You will need a digital video camera and some (basic) editing equipment (e.g., Adobe premiere pro or Pinnacle Studio). In addition, you will need a USB, DVD player or laptop that can be connected to TV with HDMI cables / or protected external hard drive when a smart tv is available in the home of the family you're working with. And you will need different sets of toys to bring to the family during the home visits. The types of toys will be discussed during the training course.

Online Sessions

This course will be delivered remotely using Zoom. This is very easy and safe to use regardless of your level of IT skill. You will need a desktop PC or laptop with a microphone and camera together with a suitably fast, preferably wired, internet connection. Mobile devices and tablets cannot be used, because they disable certain features used in training. Because of security reasons, you will have to use a Zoom account. Access to the online meetings is restricted to logged-in users only. Also, you will not be able to join from your browser, but only from the Zoom Desktop Client. Please note: Some devices provided by employers may have restrictions in place. Please use this test link (https://zoom.us/test) to check your set up. After clicking on 'Join', you will either get a pop-up message asking you to 'open the Zoom app' from your computer (if you already have the Desktop Client), OR you will be able to click on 'Download now', underneath the 'Launch meeting' button. For more information about using Zoom, please visit the Zoom website: https://support.zoom.us/hc/en-us/articles/360034967471-Getting-started-guide-for-new-users

Course material and literature

Before the start of the training, you will receive the VIPP-SD manual 3.0 in English via post, and various additional training documents via e-mail.

In preparation of the training, you are required to:

1. watch the three pre-training videos – links to these are provided in a separate document. (Please note you will be asked to fill out your name and email address before you gain access so you can be identified).
2. read the VIPP-SD Manual up to HV3, and
3. read the following article:

Effective preventive interventions to support parents of young children: Illustrations from the Video-feedback Intervention to promote Positive Parenting and Sensitive Discipline (VIPP-SD)' by Juffer, F., Struis, E., Werner, C., & Bakermans-Kranenburg, M.J. published in 2017 in the Journal of Prevention and Intervention in the Community, 45 (3), 202-214. https://doi.org/10.1080/10852352.2016.1198128

Recommended reading

Juffer, F., Bakermans-Kranenburg, M.J. (2018). Working with Video-feedback Intervention to promote Positive Parenting and Sensitive Discipline (VIPP-SD): A case study. Journal of Clinical Psychology, 74 (8), 1–12. https://doi.org/10.1002/jclp.22645

Juffer, F., Bakermans-Kranenburg, M.J., & Van IJzendoorn, M.H. (2014). Attachment-based interventions: Sensitive parenting is the key to positive parent-child relationships. In P. Holmes & S. Farnfield (Eds.), The Routledge Handbook of Attachment: Implications and Interventions, 83-103, London: Routledge.

Juffer, F., Bakermans-Kranenburg, M.J., & Van IJzendoorn, M.H. (2017). Video-feedback Intervention to promote Positive Parenting and Sensitive Discipline (VIPP-SD): Development and meta-analytical evidence of its effectiveness. In H. Steele & M. Steele (Eds.), Handbook of attachment-based interventions (pp. 1-26). New York: Guilford Press.

Juffer, F., Bakermans-Kranenburg, M.J., & Van IJzendoorn, M.H. (2017). Pairing attachment theory and social learning theory in video-feedback intervention to promote positive parenting. Current Opinion in Psychology, 15, 189-194.
https://doi.org/10.1016/j.copsyc.2017.03.012

Juffer, F., Bakermans-Kranenburg, M.J., & IJzendoorn, M.H.V. (Eds.). (2023). Promoting Positive Parenting: An Attachment-Based Intervention (1st ed.). Routledge. https://doi.org/10.4324/9781003400738

More information about VIPP-SD

Website: https://www.vipp-sd-international.org
Email address: info@vipp-sd-international.org

